



Patrick James Holford

903987512

Director Information

Title	Mr	Honours	
Name	Patrick James Holford	Number	903987512
Postcode	SW15 6DT	Address	9 Chartfield Avenue London England
Date of birth	March 1958	Nationality	British
Total current directorships	3		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
COGNITION INTERNATIONAL LTD	14202451	Non-Trading	29/06/2022		Director
FOOD FOR THE BRAIN FOUNDATION	05885305	Active - Accounts Filed	01/07/2015		Director
HOLFORD AND ASSOCIATES LIMITED	02953987	Active - Accounts Filed	29/07/1994		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
VITAMIN C 4 COVID COMMUNITY INTEREST COMPANY	13243995	Company is dissolved	04/03/2021		Director
100% HEALTH LIMITED	05494151	Company is dissolved	29/06/2005		Company Secretary
100% HEALTH LIMITED	05494151	Company is dissolved	29/06/2005		Director
BRAIN BIO CENTRE LTD	05443609	Company is dissolved	05/05/2005		Director
NATURALLY HIGH LIMITED	04140755	Company is dissolved	01/01/2003	31/10/2001	Director
THE INSTITUTE FOR OPTIMUM NUTRITION	02724405	Active - Accounts Filed	19/06/1993	01/07/1998	Company Secretary
THE CAMPAIGN FOR HEALTH THROUGH FOOD LIMITED	02506983	Company is dissolved	31/05/1992		Director