



Adam Ashford

908546377

Director Information

Title	Mr	Honours	
Name	Adam Ashford	Number	908546377
Postcode	BR2 7JH	Address	2 Dene Close Hayes Kent
Date of birth	July 1973	Nationality	British
Total current directorships	0		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
LOVE MY FITNESS LIMITED	06795202	Company is dissolved	19/01/2009	28/09/2009	Director
LOVE MY FITNESS LIMITED	06795202	Company is dissolved	19/01/2009	28/09/2009	Company Secretary
EFIT SPORT LIMITED	06737491	Company is dissolved	30/10/2008	28/09/2009	Company Secretary
EFIT SPORT LIMITED	06737491	Company is dissolved	30/10/2008	28/09/2009	Director
GYMBODS LIMITED	04583935	Company is dissolved	07/11/2002		Director