



Helen Lesley Smithson

911870426

Director Information

Title	Ms	Honours	
Name	Helen Lesley Smithson	Number	911870426
Postcode	WF14 8HJ	Address	The Beeches Sands House Sands Lane Mirfield West Yorkshire United Kingdom
Date of birth	October 1956	Nationality	British
Total current directorships	1		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
HEALTH AND LEISURE SOLUTIONS CO (UK) LTD	07918084	Active - Accounts Filed	20/01/2012		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
HEALTH AND LEISURE SOLUTIONS CO LLP	OC372768	Company is dissolved	23/02/2012		LLP Designated Member
YOUR PERSONAL TRAINING UK LIMITED	06764323	In Liquidation	14/01/2011	28/03/2013	Director
YOUR MANAGEMENT SOLUTIONS LIMITED	06099727	Active - Accounts Filed	13/02/2007	08/02/2012	Director
YOUR MANAGEMENT SOLUTIONS LIMITED	06099727	Active - Accounts Filed	13/02/2007	16/10/2024	Company Secretary