



Alan Robert Martin

912819323

Director Information

Title	Mr	Honours	
Name	Alan Robert Martin	Number	912819323
Postcode	TW9 1PL	Address	1 The Green Richmond Surrey United Kingdom
Date of birth	December 1957	Nationality	British
Total current directorships	6		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
FOOD FOR THOUGHT (GUILDFORD) LIMITED	01713209	Active - Accounts Filed	15/02/2008		Company Secretary
FOOD FOR THOUGHT (KINGSTON) LIMITED	01539589	Active - Accounts Filed	15/02/2008		Director
FOOD FOR THOUGHT (GUILDFORD) LIMITED	01713209	Active - Accounts Filed	15/02/2008		Director
FOOD FOR THOUGHT (KINGSTON) LIMITED	01539589	Active - Accounts Filed	15/02/2008		Company Secretary
BONPOM LTD	05855805	Non-Trading	01/06/2007		Company Secretary
BONPOM LTD	05855805	Non-Trading	23/06/2006		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
FOOD FOR THOUGHT (KEW) LIMITED	05258852	Active - Accounts Filed	16/02/2018	08/04/2024	Director
SPROUT ME LIMITED	08904855	Company is dissolved	20/02/2014		Director
ELEVATE GUILDFORD LTD	08276432	Active - Accounts Filed	23/01/2013	13/05/2022	Director
HELP OVERCOME PANIC EFFECTS LIMITED	03122961	Company is dissolved	22/07/1998	16/04/1999	Director