



Helen Claire Shepherd

913102124

Director Information

Title	Mrs	Honours	
Name	Helen Claire Shepherd	Number	913102124
Postcode	SE25 4RE	Address	32 Cumberland Road London
Date of birth	June 1968	Nationality	British
Total current directorships	2		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
CQC ADVICE AND SUPPORT LTD	13845034	Active - Accounts Filed	01/04/2022		Director
CQC ADVICE LTD	13840914	Active - Accounts Filed	01/04/2022		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
CQC SUPPORT LTD	13840892	Company is dissolved	01/04/2022		Director
CQC ADVICE 4U LTD	08955230	Company is dissolved	22/06/2020		Director
HELP AND COMPANY AT HOME LTD	07167417	Non-Trading	24/02/2010	23/10/2022	Director
HELP AND COMPANY AGENCY LIMITED	06615104	Company is dissolved	09/06/2008		Director