



Helen Elizabeth Connies-Laing

913238708

## Director Information

<b>Title</b>	Ms	<b>Honours</b>	
<b>Name</b>	Helen Elizabeth Connies-Laing	<b>Number</b>	913238708
<b>Postcode</b>	CF23 6PY	<b>Address</b>	61 Rhydypenau Road Cyncoed Cardiff
<b>Date of birth</b>	December 1971	<b>Nationality</b>	British
<b>Total current directorships</b>	0		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
METRO SELF-STORAGE LIMITED	03623634	Active - Accounts Filed	27/05/2008	31/12/2009	Director
EASYSTORE SELF-STORAGE LIMITED	04362334	Active - Accounts Filed	27/05/2008	31/12/2009	Director