



Richard Fraser Millman

913864119

Director Information

Title	Mr	Honours	
Name	Richard Fraser Millman	Number	913864119
Postcode	M3 2JA	Address	6th Floor Blackfriars House The Parsonage Manchester Lancashire
Date of birth	May 1967	Nationality	British
Total current directorships	8		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
PROJECT JORVIK BIDCO LIMITED	14085738	Non-Trading	21/02/2023		Director
YORKTEST GROUP LIMITED	10808929	Active - Accounts Filed	21/02/2023		Director
PROJECT JORVIK MIDCO LIMITED	14085720	Non-Trading	21/02/2023		Director
YORKTEST LABORATORIES LIMITED	03570476	Active - Accounts Filed	21/02/2023		Director
PROJECT JORVIK TOPCO LIMITED	14085647	Non-Trading	21/02/2023		Director
CLASS DELTA LTD	08170845	Active - Accounts Filed	04/06/2019		Director
TPW GLOBAL LTD	11960858	Active - Accounts Filed	04/06/2019		Director
OLD BANK WORKS MANAGEMENT COMPANY LIMITED	09740232	Active - Accounts Filed	22/10/2018		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SWIM SPORTS COMPANY LTD	10552875	Active - Accounts Filed	09/01/2017	31/12/2018	Director
TOTAL FITNESS AQUATICS LIMITED	10515553	Active - Accounts Filed	07/12/2016	11/09/2018	Director
TOTAL SWIM LIMITED	09755294	Non-Trading	01/09/2015	11/09/2018	Director
TFHC INVESTMENTS LIMITED	09420290	Company is dissolved	30/03/2015	11/09/2018	Director
TOTAL FITNESS HEALTH CLUBS GROUP LIMITED	09329631	Active - Accounts Filed	30/03/2015	11/09/2018	Director
SKILLS ACTIVE UK.	04661021	Active - Accounts Filed	12/01/2015	09/06/2017	Director
NATIONAL SKILLS ACADEMY FOR SPORT AND ACTIVE LEISURE	06591156	Active - Accounts Filed	12/01/2015	09/06/2017	Director
TOTAL FITNESS TRUSTEE LIMITED	08478763	Company is dissolved	08/04/2013		Director
TOTAL HEALTH & WELLNESS LIMITED	03682480	Company is dissolved	26/02/2013		Director
TOTAL FITNESS HC HOLDINGS LIMITED	07387553	Active - Accounts Filed	26/02/2013	11/09/2018	Director
TOTAL FITNESS FINANCE LIMITED	03682433	Company is dissolved	26/02/2013		Director
TOTAL WELLNESS LIMITED	03682478	Company is dissolved	26/02/2013		Director



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TOTAL FITNESS GYM EQUIPMENT LIMITED	03782251	Company is dissolved	26/02/2013		Director
TOTAL FITNESS HEALTH LIMITED	04282266	Company is dissolved	26/02/2013		Director
TOTAL HEALTH EXERCISE HYDROTHERAPY & REHABILITATION CENTRES LIMITED	04715302	Company is dissolved	26/02/2013		Director
TOTAL HEALTH & EXERCISE LIMITED	04734781	Company is dissolved	26/02/2013		Director
TOTAL FITNESS HEALTH CLUBS LIMITED	07334974	Active - Accounts Filed	26/02/2013	30/09/2017	Director
LANGSTONE PROPERTIES LIMITED	04923367	Company is dissolved	26/02/2013		Director
TOTAL FITNESS ALTRINCHAM LIMITED	04047659	Company is dissolved	26/02/2013		Director
HEALTH AND WELLNESS LIMITED	04713445	Company is dissolved	26/02/2013		Director
TOTAL HEALTH GROUP LIMITED	04714380	Company is dissolved	26/02/2013		Director
TOTAL FITNESS GYM LIMITED	03780623	Company is dissolved	26/02/2013		Director
TOTAL FITNESS PHYSIO LIMITED	03682438	Company is dissolved	26/02/2013		Director
HEALTH AND WELLNESS GROUP LIMITED	04749604	Company is dissolved	26/02/2013		Director
TOTAL FITNESS BODYCARE LIMITED	03822104	Company is dissolved	26/02/2013		Director
TOTAL HEALTH EXERCISE LIMITED	04734749	Company is dissolved	26/02/2013		Director
TOTAL GYM FITNESS LIMITED	03776865	Company is dissolved	26/02/2013		Director
TOTAL REHAB LIMITED	04005107	Company is dissolved	26/02/2013		Director
TOTAL FITNESS LASER LIMITED	03873294	Non-Trading	26/02/2013	11/09/2018	Director
TOTAL HEALTH & REHAB LIMITED	03682427	Company is dissolved	26/02/2013		Director
TOTAL FIT CLUB LIMITED	07371905	Company is dissolved	26/02/2013		Director
T.H.E. LIMITED	04734794	Company is dissolved	26/02/2013		Director
TOTAL FITNESS EQUIPMENT LIMITED	03782259	Company is dissolved	26/02/2013		Director
1LIFE MANAGEMENT SOLUTIONS LIMITED	02566586	Active - Accounts Filed	11/05/2009	04/10/2012	Director
1LMS (HOLDINGS) LIMITED	03865691	In Liquidation	11/05/2009	04/10/2012	Director