



Matthew Giles Thomas Smith

915417060

Director Information

Title	Mr	Honours	
Name	Matthew Giles Thomas Smith	Number	915417060
Postcode	CV10 7RH	Address	Samuel Ryder House Barling Way Eliot Park Nuneaton Warwickshire
Date of birth	November 1975	Nationality	British
Total current directorships	16		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
ADIA HEALTH LIMITED	11368931	Active - Accounts Filed	25/04/2022		Director
BLOW LTD	08488937	In Liquidation	03/12/2021		Director
BEYOND 100 LIMITED	12526822	Non-Trading	01/04/2021		Director
LIFECYCLE 2018 LIMITED	01816173	Non-Trading	01/01/2021		Director
PRECISION ENGINEERED LIMITED	05059593	Non-Trading	01/01/2021		Director
HOLLAND & BARRETT GROUP LIMITED	03086306	Active - Accounts Filed	01/01/2021		Director
L1R HB MIDCO SUB LIMITED	FC034763	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT RETAIL LIMITED	02758955	Active - Accounts Filed	01/01/2021		Director
HEALTH & DIET GROUP LIMITED	00969167	Active - Accounts Filed	01/01/2021		Director
L1R HB MIDCO LIMITED	FC034766	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT INTERNATIONAL LIMITED	04515115	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT LIMITED	00390308	Non-Trading	01/01/2021		Director
L1R HB LIMITED	FC034773	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT HOLDINGS LIMITED	03262074	Active - Accounts Filed	01/01/2021		Director
L1R HB FINANCE LIMITED	FC034767	Active - Accounts Filed	01/01/2021		Director
HOLLAND & BARRETT (BENELUX) LIMITED	08684899	Non-Trading	01/01/2021		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
AVIE AI LTD	13441606	Company is dissolved	30/03/2023		Director
NUTRITION WAREHOUSE LIMITED	03615533	Company is dissolved	01/01/2021		Director
GOOD 'N' NATURAL LIMITED	05907954	Company is dissolved	01/01/2021		Director



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NEAL'S YARD WHOLEFOODS LIMITED	02577877	Company is dissolved	01/01/2021	Director
THE SCREWFIX FOUNDATION	08415662	Active - Accounts Filed	22/02/2013 29/06/2018	Director
FOOT ANSTEY LLP	OC360255	Active - Accounts Filed	31/12/2010 30/10/2012	LLP Member
DAME HANNAH ROGERS TRUST	05512987	Company is dissolved	05/03/2010 08/01/2017	Director