



James Matthew Humphreys

919792231

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	James Matthew Humphreys	<b>Number</b>	919792231
<b>Postcode</b>	RM12 6RJ	<b>Address</b>	Spectrum House 2b Suttons Lane Hornchurch Essex
<b>Date of birth</b>	August 1980	<b>Nationality</b>	British
<b>Total current directorships</b>	1		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
EXPRESS FITNESS LTD	14016944	Active - Accounts Filed	31/03/2022		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
GLOBAL FITNESS EQUIPMENT LTD	12805945	Company is dissolved	11/08/2020		Director
KIDS FITNESS CLUB LIMITED	09454319	Company is dissolved	22/05/2015	04/08/2015	Director