



Jonathan David Thomas

920417540

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Jonathan David Thomas	<b>Number</b>	920417540
<b>Postcode</b>	SW1X 7HN	<b>Address</b>	20 Grosvenor Place London England
<b>Date of birth</b>	August 1986	<b>Nationality</b>	British
<b>Total current directorships</b>	11		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
TP HEALTH (HOLDINGS) LIMITED	12949609	Active - Accounts Filed	22/05/2024		Director
HEALTHWORK GROUP LIMITED	08842488	Active - Accounts Filed	22/05/2024		Director
TP HEALTH LIMITED	05770728	Active - Accounts Filed	22/05/2024		Director
OPTIMA HEALTH PLC	13886031	Active - Accounts Filed	17/03/2023		Director
HEALTHY PERFORMANCE LIMITED	05905144	Active - Accounts Filed	25/10/2021		Director
OPTIMA HEALTH MEDICAL ASSESSMENTS LIMITED	08705343	Non-Trading	21/12/2016		Director
OPTIMA HEALTH UK LIMITED	08544676	Active - Accounts Filed	21/12/2016		Director
OH ASSIST INTERMEDIATE LIMITED	09621612	Active - Accounts Filed	20/01/2016		Director
OH ASSIST LIMITED	09621658	Active - Accounts Filed	20/01/2016		Director
OH ASSIST FINANCE LIMITED	09621590	Active - Accounts Filed	20/01/2016		Director
OPTIMA HEALTH GROUP LIMITED	09621608	Active - Accounts Filed	31/12/2015		Director