



Terence Lincoln Hook

926513055

Director Information

Title	Mr	Honours	
Name	Terence Lincoln Hook	Number	926513055
Postcode	EC1R 5HL	Address	10 Coldbath Square London
Date of birth	April 1957	Nationality	British
Total current directorships	3		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SLEEP AND HEALTH GLOBAL LIMITED	05657146	Active - Accounts Filed	31/12/2022		Director
SLEEP & HEALTH CLINIC LTD	08904119	Active - Accounts Filed	06/04/2021		Director
SLEEP AND HEALTH CLINIC APP LIMITED	12467350	Active - Accounts Filed	17/02/2020		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
UJIMA RADIO CIC	07318855	Active - Accounts Filed	09/12/2019	17/08/2022	Director